

# CANADIAN RESOURCES INCOME TRUST

## Press Release

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### Canadian Resources Income Trust Declares Monthly Distribution

Toronto, December 09, 2016

#### Attention: Business / Financial Editors

The Board of Directors of CaRIT Ltd., as general partner of CaRIT Limited Partnership, Trustee for Canadian Resources Income Trust (“CaRIT” or the “Trust”) has declared a cash distribution of \$0.059 per Trust Unit.

Record and payment dates are as follows:

Record Date	Payment Date	Distribution Amount/Trust Unit
December 30, 2016	January 13, 2017	\$0.059

Unitholders are entitled to receive monthly distributions as declared by CaRIT. The Trust generally intends to make monthly distributions based on dividends and other distributions received on the underlying portfolio and premiums realized by the Trust pursuant to its option writing strategy for a calendar quarter less the estimated operating expenses for the period.

CaRIT is an investment trust which provides investors with investment exposure to an equally-weighted portfolio comprised of the 20 highest yielding natural resource issuers in the S&P/TSX 60 Index. The S&P/TSX 60 Index consists of the 60 largest and most liquid issuers on the TSX and is generally maintained to have sector weights in line with the S&P/TSX Composite Index.

Trust Units of CaRIT are listed for trading on The Toronto Stock Exchange under the symbol RTU.UN.

For more information, please contact

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